

4/3/2022

Dear members,

Please find below updated Frequently Asked Questions (FAQ) in regards to keeping safe during this time. Updates since the last edition include: date to return to sleepovers/camps and information about classroom contacts.

Should you have any further questions not answered below, please contact sc@girlguidessa.org.au.

Meetings of guide units can now return face to face and outdoors as much as practicable.

What meetings of adults e.g. District/Regions/Trefoil/Olave groups?

As much as possible, meetings of adults should still be online to reduce potential transmission of Covid 19.

From the 21st February 2022 if adult participants are comfortable to meet face to face the following considerations must be upheld:

- Meet outdoors as much as practicable
- Abide by SA Health requirements around social distancing and wearing masks when indoors and following information below.

What do we need to consider when we return to face to face meetings?

- If indoors briefly as part of the meeting, maintain spacing and density requirements as per the SA Health Covid 19 Plan for the venue.
- Masks should be worn at all times indoors where practicable. Follow SA Health advice around ages required to wear masks. As of 17/01/2022, unless an exemption was placed, these were required for adults, students in years 7-12 and strongly recommended for years 3-6.
- Contact tracing records must be maintained.

As a recap, the following measures are also in place:

- Using hand sanitizer and washing hands regularly
- Increasing ventilation such as opening windows at meeting places
- Cleaning commonly used surfaces
- Not attending activities if unwell
- Using QR Code Check ins

Can we return to camping, sleepovers, activity days and water activities?

Water activities and activity days can resume from now. Please continue to meet outside as much as practicable and reduce shared consumption of food such as bring your own morning tea/lunch.

Our decision to return to sleepovers and camps is in line with school camps returning and at this stage, this is from Monday 28th March. Any camps already scheduled between 25th Feb-28th March will be assessed on an individual basis.

As a refresher there is information on Guidelines available here in regards to camping rules and requirements:

<https://www.guidelinesforgirlguides.org.au/guidelines/guiding/outdoors-overview/camping-rules-and-requirements/>

Leaders can ask Golda Munro on risk@girlguidessa.org.au for assistance with risk assessment plans if required.

If a leader has already had the plan checked by Golda, they would notify in the email.

Please make sure that district manager/ region manager has signed off or sent on as approved. Please submit all forms to outdoorsapprovals@girlguidessa.org.au.

What considerations are in place for Broken Hill?

Broken Hill is under the auspice of Girl Guides SA and is just over the border in New South Wales. Broken Hill will follow the advice of NSW Government in relation to distancing requirements and meetings. If this impacts you, please contact their region manager team on brokenhill@girlguidessa.org.au.

What do I do if I am a close contact or diagnosed with Covid 19 or one of my guides is?

- Please follow SA Health advice
- If you are diagnosed with Covid 19 and may have been at a face to face guiding event, meeting or Girl Guides SA property please contact the CEO Kerrie on ceo@girlguidessa.org.au or via phone on 0417 872 389
- Please also see the communication to be sent to those it impacts below
- If you are a leader and unable to attend guides, please let your district/region manager know

What is the viewpoint on Covid 19 vaccination status before attending face to face activities?

GGSA strongly supports those who want to be vaccinated against Covid 19 to do so. However at this stage we are not mandating Covid 19 vaccination for involvement in activities.

Our members in Broken Hill will continue to follow the directions of the New South Wales government in regards to measures related to vaccination, social distancing and mask wearing.

What if I am a classroom contact?

Please follow the advice from Department of Education and SA Health. To err on the side of caution, we would recommend not attending face to face guide activities for at least 14 days.

If you are having regular Covid 19 tests as part of this 14 days and/or as part of your employment/study please see below.

If any guide or leader wants to attend virtual guides via Zoom on Monday evening during this time, please contact virtualguiding@girlguidessa.org.au

I am a member who has regular tests for Covid 19. Can I attend guides?

If you are tested regularly including on days you are going to guides and these tests come back negative it would be fine to attend guides.

If you have a positive test then you would need to follow isolation rules and not attend guides for a full 14 days.

If you are leader and this entails you will be away from guides, please discuss the matter in confidence with your district/region manager.

All leaders should still continue to follow recommendations above in regards to meetings to reduce transmission.

I'm struggling a bit with everything going on. Who can I turn to for help?

It is certainly a challenging time with constant changes, news and updates. Your guiding team of District/Region manager, State Commissioner team and those in the Management Team can be a good support. For further support, the following services are available:

- The [SA COVID-19 Mental Health Support Line](#) can be accessed by calling [1800 632 753](tel:1800632753) or through [online chat](#) and is available 8.00 am to 8.00 pm every day, including public holidays.
- Regional Access provides free professional telephone and online counselling 24/7 for people 15 years and older living or working in regional South Australia Call 1300 032 186 or visit: <https://saregionalaccess.org.au/>
- Kids Helpline Call [1800 55 1800](tel:1800551800) or visit www.kidshelpline.com.au/
Available 24 hours, seven days a week (including public holidays). Kids Helpline offers free online and phone counselling support 24/7 to children and young people aged 5 - 25 years of age.

Appendix 1

In the unlikely event that a youth or adult member does test positive leaders or those who are the leader in charge of an activity are asked to send the following communication.

If a leader is unable to send this, please contact Girl Guides SA on 8418 0900 or retail@girlguidessa.org.au to arrange for this to be sent.

Dear Guiding families,

We have been notified that an individual who attended [name the meetings/event/activity] on [date of meeting/event/activity] has tested positive for Covid-19.

Cleaning of the Hall will take place on [date of cleaning] and meetings will not take place before or during this time.



GIRL GUIDES
A U S T R A L I A
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Individuals should monitor for symptoms and get tested if symptoms develop.

If you are unwell or experiencing symptoms, do not attend the Guide Hall.

Other members of your family or household who were not present at the meeting, do not need to isolate or get tested unless they have symptoms.

Please continue to follow SA Health advice regarding personal hygiene, mask wearing and social distancing.